

## Interest Groups Online u3a

### Calendar 01/02/2026 to 28/02/2026

<i>Date &amp; Time</i>	<i>Until</i>	<i>Group</i>	<i>Venue</i>	<i>Topic</i>	<i>Enquiries</i>
Sun 1 Feb 2026 10:00	11:00	Jazz Hour 1	Zoom Acc 1		diana@major7th.com
Sun 1 Feb 2026 19:30	20:30	Music Sharing 2			diana@major7th.com
Mon 2 Feb 2026 00:00	00:00	Coffee and Conversation	Zoom Acc 1	Enshitification	fergus.u3a@btinternet.com
Mon 2 Feb 2026 09:30	10:30	Pilates	Zoom Acc 2		binstockfamily7@gmail.com
Mon 2 Feb 2026 14:30	15:30	Book Club	Zoom EXT	A thousand splendid suns (K Hosseini) session 1	peter.stephenson70@gmail.com
Mon 2 Feb 2026 14:30	16:30	Science and Technology	Zoom Acc 2	Nanochemistry - Neill Allan Wokingham U3A Science and Tech group	mary.garbett@btopenworld.com
Mon 2 Feb 2026 16:00	17:30	Canva Projects	Zoom Acc 1		u3aroger@gmail.com
Tue 3 Feb 2026 10:00	00:00	Great Albums of the Sixties	Zoom Acc 1		NULL
Tue 3 Feb 2026 10:00	11:00	Russian Reading + Conversation	Zoom Acc 3		anna.koffer160@gmail.com
Tue 3 Feb 2026 11:30	12:30	Poetry Patch	Zoom Acc 2		annepsalter@gmail.com
Tue 3 Feb 2026 19:30	20:30	Irish History and Culture	Zoom Acc 1		interestgroupsonline@u3a.org.u
Wed 4 Feb 2026 09:30	10:30	Find joy and fun in poetry 1	Zoom Acc 1		diana@major7th.com
Wed 4 Feb 2026 14:00	15:30	Crime Corner	Zoom Acc 1	Death of a Ghost by Margery Allingham	lindatruswell@gmail.com
Wed 4 Feb 2026 15:00	16:15	Spanish Improvers	Zoom Acc 3		lun_ven7@yahoo.com
Thu 5 Feb 2026 09:30	10:45	Fun Fusion Fitness for All	Zoom Acc 3	Fun Fusion Fitness for All	marionf.u3a@gmail.com
Thu 5 Feb 2026 10:00	11:00	What are you reading? 1	Zoom Acc 2		lenamcann@btinternet.com
Thu 5 Feb 2026 10:00	12:00	Exploring Classical Music	Zoom EXT	Krys	tomyduby@gmail.com
Fri 6 Feb 2026 10:00	11:00	Italian Conversation	Zoom Acc 3		Janice_collar@hotmail.com
Fri 6 Feb 2026 10:00	11:00	Digital Skills	Zoom Acc 1	Drop-In Help and Support	support@digitalskillsigo.org
Fri 6 Feb 2026 10:30	11:30	Recorders, Intermediate	Zoom EXT		peter.stephenson70@gmail.com
Fri 6 Feb 2026 11:30	12:30	Spanish Buen Provecho	Zoom EXT	Tapas	helen.titherington@u3a.org.uk
Sun 8 Feb 2026 19:30	20:30	Music Sharing 1	Zoom Acc 1		diana@major7th.com
Mon 9 Feb 2026 09:30	10:30	Pilates	Zoom Acc 2		binstockfamily7@gmail.com
Mon 9 Feb 2026 10:30	12:00	German group	Zoom EXT	Intermediate German, B2	bwstrohm@gmail.com
Mon 9 Feb 2026 13:45	14:45	Book Club	Zoom EXT	A thousand splendid suns (K Hosseini) session 2	peter.stephenson70@gmail.com
Mon 9 Feb 2026 14:00	15:30	Psychology 2			savitri.laloo@gmail.com
Mon 9 Feb 2026 14:00	15:30	3D printing at home	Zoom EXT		catherine.wykes@u3a.org.uk
Mon 9 Feb 2026 15:00	17:00	Irish Music	Zoom EXT		catherine.wykes@u3a.org.uk

Mon 9 Feb 2026 16:00	17:30	Canva (Graphic Design) Course	Zoom Acc 1		u3aroger@gmail.com
Mon 9 Feb 2026 18:30	20:00	AI for u3a AI Agitators			Alan.Freeland@u3a.org.uk
Mon 9 Feb 2026 19:30	20:30	What are you reading? 5	Zoom Acc 3		diana@major7th.com
Tue 10 Feb 2026 14:00	15:00	Canal Boating	Zoom Acc 1		NULL
Tue 10 Feb 2026 15:00	16:30	Forty Question Quiz	Zoom EXT	World wide food and drink	helen.titherington@u3a.org.uk
Tue 10 Feb 2026 19:00	20:15	Mindfulness & Poetry	Zoom Acc 1		helenpotts222@gmail.com
Tue 10 Feb 2026 19:30	21:00	Anyone but Agatha		The Milk-Churn Murder by Miles Burton and The Villa Marie Celeste by Margery Allingham	NULL
Wed 11 Feb 2026 09:30	11:30	Cryptic Crosswords	Zoom Acc 2		marionkinshuck@outlook.com
Wed 11 Feb 2026 14:30	16:30	Writing fiction.	Zoom Acc 3		NULL
Thu 12 Feb 2026 09:30	10:45	Fun Fusion Fitness for All	Zoom Acc 3	Fun Fusion Fitness for All	marionf.u3a@gmail.com
Thu 12 Feb 2026 10:00	12:00	Play reading	Zoom Acc 3		phyl_wood@yahoo.co.uk
Thu 12 Feb 2026 10:00	11:30	Writing your life story	Zoom Acc 2		marie-claude@mjeh.plus.com
Thu 12 Feb 2026 14:30	15:30	Railways	Zoom EXT	My Railway Year	peter.stephenson70@gmail.com
Fri 13 Feb 2026 10:00	11:00	Digital Skills	Zoom Acc 1	Drop-In Help and Support	support@digitalskillsigo.org
Fri 13 Feb 2026 10:00	11:00	Italian Conversation	Zoom Acc 3		Janice_collar@hotmail.com
Sun 15 Feb 2026 10:00	11:00	Jazz Hour 2	Zoom Acc 1		diana@major7th.com
Mon 16 Feb 2026 09:30	10:30	Pilates	Zoom Acc 2		binstockfamily7@gmail.com
Mon 16 Feb 2026 16:00	17:30	Canva Projects	Zoom Acc 1		u3aroger@gmail.com
Wed 18 Feb 2026 09:30	10:30	Find joy and fun in poetry 2	Zoom Acc 1		diana@major7th.com
Wed 18 Feb 2026 10:30	12:00	Armchair Archaeology	Zoom Acc 2	The Vikings - Prof. Clare Downham	interestgroupsonline@u3a.org.uk
Wed 18 Feb 2026 11:00		What to watch	Zoom Acc 4		NULL
Wed 18 Feb 2026 15:00	16:15	Spanish Improvers	Zoom Acc 3		lun_ven7@yahoo.com
Wed 18 Feb 2026 15:00	17:00	Exploring Progrock	Zoom Acc 2	Hipgnosis, Strom Thorgerson plus Top 2025 albums	p54vickery@gmail.com
Thu 19 Feb 2026 09:30	10:45	Fun Fusion Fitness for All	Zoom Acc 3	Fun Fusion Fitness for All	marionf.u3a@gmail.com
Thu 19 Feb 2026 10:00	12:00	Exploring Classical Music	Zoom EXT	Sue S.	tomyduby@gmail.com
Thu 19 Feb 2026 12:00	13:30	Sociology	Zoom Acc 2		annepsalter@gmail.com
Thu 19 Feb 2026 19:00	21:00	World History	Zoom Acc 1 WH	Group Contributions	jim.lobley1950@gmail.com
Fri 20 Feb 2026 10:00	11:00	Italian Conversation	Zoom Acc 3		Janice_collar@hotmail.com
Fri 20 Feb 2026 10:00	11:00	Digital Skills	Zoom Acc 1	Drop-In Help and Support	support@digitalskillsigo.org
Fri 20 Feb 2026 10:30	11:30	Recorders, Intermediate	Zoom EXT		peter.stephenson70@gmail.com
Fri 20 Feb 2026 11:30	12:30	Spanish Buen Provecho	Zoom EXT	The bar, terrace and salon, making a reservation + fruit and vegetables	helen.titherington@u3a.org.uk
Fri 20 Feb 2026 12:00	13:00	Modern Philosophy Discussion	Zoom EXT		ianhawker101@gmail.com
Sun 22 Feb 2026 10:00	11:00	Jazz Hour 3	Zoom Acc 2		diana@major7th.com

Sun 22 Feb 2026 19:30	20:30	Music Sharing 3	Zoom Acc 3		diana@major7th.com
Mon 23 Feb 2026 09:30	10:30	Pilates	Zoom Acc 2		binstockfamily7@gmail.com
Mon 23 Feb 2026 10:00	11:30	Family History for Beginners	Zoom Acc 1	Top Tips for Family History Research for Beginners	sarawise@btinternet.com
Mon 23 Feb 2026 10:30	12:00	German group	Zoom EXT	Intermediate German, B2	bwstrohm@gmail.com
Mon 23 Feb 2026 14:00	16:00	Social History	Zoom Acc 2	Female Breadwinners - Part 2 and Tea & Coffee - Catrina	biscuit1202@btinternet.com
Mon 23 Feb 2026 16:00	17:30	Canva (Graphic Design) Course	Zoom Acc 1		u3aroger@gmail.com
Tue 24 Feb 2026 10:00	11:00	Virtual Walks	Zoom Acc 3		interestgroupsonine@u3a.org.uk
Tue 24 Feb 2026 14:00	15:30	Geology	Zoom Acc 1	William Smith Surveyor and Cartographer	mary.garbett@btopenworld.com
Tue 24 Feb 2026 19:00	20:15	Mindfulness & Poetry	Zoom Acc 1		helenpotts222@gmail.com
Wed 25 Feb 2026 09:30	11:30	Cryptic Crosswords	Zoom Acc 2		marionkinshuck@outlook.com
Wed 25 Feb 2026 14:30	16:30	Writing fiction.	Zoom Acc 3		NULL
Thu 26 Feb 2026 09:30	10:45	Fun Fusion Fitness for All	Zoom Acc 3	Fun Fusion Fitness for All	marionf.u3a@gmail.com
Fri 27 Feb 2026 10:00	11:00	Digital Skills	Zoom Acc 1	Topic TBD + Drop-In Help and Support	support@digitalskillsigo.org
Fri 27 Feb 2026 10:00	11:00	Italian Conversation	Zoom Acc 3		Janice_collar@hotmail.com
Fri 27 Feb 2026 11:00	12:30	Health matters in later life		Common Health Problems - Introduction	savitri.laloo@gmail.com