



Interest Groups Online

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Interest Groups Online u3a Calendar

Show: All Group Own groups and general meetings

| | | |
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| Thu 3 Oct 2024 1.30 pm | Creative Calm - Tai Chi Qigong | <i>Creative Calm - Tai Chi Qigong</i> |
| | <i>Enquiries</i> chewalex@hotmail.com | <i>Details</i> |
| Thu 3 Oct 2024 2.00 pm | Psychology 1 IGO | |
| Thu 3 Oct 2024 3.00 pm | Write Fiction & Non-fiction 2 | |
| Thu 3 Oct 2024 4.00 pm | Wine Appreciation | <i>The wines of Chile</i> |
| Fri 4 Oct 2024 10.30 am | Recorders, Intermediate | |
| Fri 4 Oct 2024 10.30 am | Cinema! 2 | |
| Fri 4 Oct 2024 11.30 am | Start-up Feminist Discussion | |
| Fri 4 Oct 2024 2.00 pm | Cinema! | |
| Sun 6 Oct 2024 10.00 am | Jazz Hour 1 | |
| Mon 7 Oct 2024 12.00 am | English: the first 4,000 years | |
| Mon 7 Oct 2024 9.30 am | Pilates | |
| Mon 7 Oct 2024 10.00 am | Learning British Sign Language | |
| Mon 7 Oct 2024 12.00 pm | Spanish Conversation Beginners | |
| Mon 7 Oct 2024 2.30 pm | Book Club | <i>Me talk pretty one day</i> |
| Mon 7 Oct 2024 2.30 pm | Science and Technology | <i>Home Automation - Peter Lord</i> |
| Mon 7 Oct 2024 4.00 pm | Gardening | <i>Gardening</i> |

[Help](#)

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| Mon 7 Oct 2024 7.00 pm | QuizZoomers |
| Mon 7 Oct 2024 7.00 pm | Modern Pop for third agers <i>'The Loop' by Jordan Rakei</i> |
| Tue 8 Oct 2024 9.25 am | Jane Austen Reading Group |
| Tue 8 Oct 2024 10.00 am | Read, Write, Discuss |
| Tue 8 Oct 2024 10.00 am | What are you reading? 3 Tues |
| Tue 8 Oct 2024 11.00 am | GermanFortgeschritten Dienstag |
| Tue 8 Oct 2024 11.00 am | Modern Greek Beginners |
| Tue 8 Oct 2024 12.00 pm | Spanish Conversation Beginners |
| Tue 8 Oct 2024 12.20 pm | French Intermediate+ |
| Tue 8 Oct 2024 7.00 pm | QuizZoomers |
| Tue 8 Oct 2024 7.00 pm | Mindfulness & Poetry <i>Mindfulness and Poetry for Well-being</i> |
| Wed 9 Oct 2024 12.00 am | Ancient Rome and the Romans |
| Wed 9 Oct 2024 9.30 am | Cryptic Crosswords |
| Wed 9 Oct 2024 10.30 am | Military History Group <i>(1) Harry Belsey: Elizabeths Spymasters, 1553-1612</i> |
| Wed 9 Oct 2024 2.00 pm | Shakespeare Exploring |
| Wed 9 Oct 2024 7.00 pm | Words, Music and Rhyme |
| Thu 10 Oct 2024 9.00 am | Dance Exercise |
| Thu 10 Oct 2024 10.00 am | Cercle français |
| Thu 10 Oct 2024 10.00 am | Play reading <i>Meeting Dates</i> |
| Thu 10 Oct 2024 10.30 am | Ad Hoc Art |
| Thu 10 Oct 2024 2.30 pm | Railways <i>A tale of two bridges (Stockport and Menai)</i> |
| Thu 10 Oct 2024 4.00 pm | Introductory Italian |
| Fri 11 Oct 2024 10.00 am | What are you reading? 2 Friday |
| Sun 13 Oct 2024 10.00 am | Current Affairs Discussion |

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| Mon 14 Oct 2024 12.00 am | English: the first 4,000 years |
| Mon 14 Oct 2024 9.30 am | Pilates |
| Mon 14 Oct 2024 10.30 am | German group |
| Mon 14 Oct 2024 2.00 pm | Psychology 2 IGO |
| Mon 14 Oct 2024 2.00 pm | Latin for Beginners 2 |
| Mon 14 Oct 2024 3.00 pm | Irish Music |
| Mon 14 Oct 2024 4.00 pm | Canva (Graphic Design) Group 2 |
| Mon 14 Oct 2024 7.00 pm | Art Techniques |
| Tue 15 Oct 2024 10.00 am | Russian Reading + Conversation <i>Russian Reading and Conversation</i> |
| Tue 15 Oct 2024 10.30 am | Presentation Skills |
| Tue 15 Oct 2024 11.00 am | Latin for Beginners |
| Tue 15 Oct 2024 11.00 am | Modern Greek Beginners |
| Tue 15 Oct 2024 12.00 pm | Spanish Conversation Beginners |
| Tue 15 Oct 2024 12.20 pm | French Intermediate+ |
| Tue 15 Oct 2024 2.30 pm | Explorers & Travel Writers <i>Amelia Earhart (1897-1937)</i> |
| Tue 15 Oct 2024 7.00 pm | QuizZoomers |
| Tue 15 Oct 2024 7.30 pm | What are you reading? 4 |
| Wed 16 Oct 2024 9.30 am | Find joy and fun in poetry 2 |
| Wed 16 Oct 2024 10.30 am | Armchair Archaeology |
| Wed 16 Oct 2024 10.30 am | Military History Group <i>(1) George Street: The Military History of Wallachia (2) John Hawkins: Fighting in the Buff (17th C coat)</i> |
| Wed 16 Oct 2024 2.00 pm | A sense of History |
| Wed 16 Oct 2024 3.00 pm | Armchair Travellers |
| Thu 17 Oct 2024 9.00 am | Dance Exercise |

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| Thu 17 Oct 2024 10.00 am | Early Women Doctors Research |
| Thu 17 Oct 2024 10.00 am | Exploring Classical Music <i>Krysk</i> |
| Thu 17 Oct 2024 10.30 am | Drawing and Other Mediums |
| Thu 17 Oct 2024 11.00 am | Latin Advanced |
| Thu 17 Oct 2024 12.00 pm | Sociology |
| Thu 17 Oct 2024 7.00 pm | World History (1) <i>Democracy to Dictatorship: Yeltsin and Putin 1991-2024 by TBA</i> (2) <i>Russian Anniversaries by Jim</i> |
| Fri 18 Oct 2024 10.00 am | Short Story Book Group 2 |
| Fri 18 Oct 2024 10.30 am | More Fun with Maths |
| Fri 18 Oct 2024 10.30 am | Recorders, Intermediate |
| Fri 18 Oct 2024 10.30 am | Cinema! 2 |
| Fri 18 Oct 2024 2.00 pm | Film Reviews |
| Sun 20 Oct 2024 9.30 am | Jazz Hour 2 |
| Sun 20 Oct 2024 10.00 am | Jane Austen Reading Group |
| Mon 21 Oct 2024 12.00 am | English: the first 4,000 years |
| Mon 21 Oct 2024 9.30 am | Book group - non-fiction |
| Mon 21 Oct 2024 9.30 am | Pilates |
| Mon 21 Oct 2024 10.00 am | Short Story Book Group 1 |
| Mon 21 Oct 2024 10.00 am | Learning British Sign Language |
| Mon 21 Oct 2024 2.00 pm | Canva (Graphic Design) Group |
| Mon 21 Oct 2024 7.00 pm | Art Projects |
| Tue 22 Oct 2024 10.30 am | Talking Art |
| Tue 22 Oct 2024 11.00 am | German Fortgeschritten Dienstag |
| Tue 22 Oct 2024 11.00 am | Modern Greek Beginners |
| Tue 22 Oct 2024 12.00 pm | Spanish Conversation Beginners |

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| Tue 22 Oct 2024 12.20 pm | French Intermediate+ |
| Tue 22 Oct 2024 2.00 pm | 3D printing at home |
| Tue 22 Oct 2024 2.00 pm | Geology <i>Sedimentary my dear Watson - rock types and how to identify them - Mary Garbett</i> |
| Tue 22 Oct 2024 7.00 pm | QuizZoomers |
| Tue 22 Oct 2024 7.00 pm | Mindfulness & Poetry <i>Mindfulness and Poetry for Well-being</i> |
| Wed 23 Oct 2024 9.30 am | Cryptic Crosswords |
| Wed 23 Oct 2024 10.30 am | Military History Group <i>(1) Carlos de la Riva: The British Invasion of the River Plate 1806-7 (2) John Hawkins: Researching the Earliest Military Medals</i> |
| Wed 23 Oct 2024 11.30 am | Astronomy |
| Wed 23 Oct 2024 2.00 pm | Shakespeare Exploring |
| Wed 23 Oct 2024 4.00 pm | Canva (Graphic Design) Group 2 |
| Wed 23 Oct 2024 5.00 pm | Justice, the Law and Society |
| Thu 24 Oct 2024 9.00 am | Dance Exercise |
| Thu 24 Oct 2024 3.00 pm | Coffee and Conversation |
| Thu 24 Oct 2024 4.00 pm | Introductory Italian |
| Fri 25 Oct 2024 10.00 am | Climate Matters |
| Fri 25 Oct 2024 10.00 am | Digital Skills <i>Dependent on suggestions and questions</i> |
| Fri 25 Oct 2024 12.00 pm | Philosophy Discussion |
| Fri 25 Oct 2024 7.00 pm | Small Steps to save the planet |
| Sun 27 Oct 2024 10.00 am | Jane Austen Reading Group |
| Mon 28 Oct 2024 12.00 am | English: the first 4,000 years |
| Mon 28 Oct 2024 9.30 am | Pilates |
| Mon 28 Oct 2024 10.00 am | Family History for Beginners |
| Mon 28 Oct 2024 10.30 am | German group |